



# Adolescent and Young Adult Health Risk Behavior Assessment Guideline

## Supplement: Resources and Links

*(this is not an exhaustive list)*

### SCREENING CATEGORIES:

[AAP - Recommendations for Preventive Pediatric Health Care \(Periodicity Schedule\)](#)

#### 1. Protective Factors

- a. [CDC - Protective Factors](#)
- b. [Youth.gov - Risk and Protective Factors for Youth](#)
- c. [SAMHSA - Childhood Resilience](#)
- d. [OJJDP MPG Literature Review - Protective Factors](#)
- e. [Center for Youth Wellness - ACE-Q Screening Tool](#)

#### 2. Social Determinants of Health

- a. [CDC - Social Determinants of Health](#)
- b. [AAP STAR Center - Social Determinants of Health](#)
- c. [AYPH Working Paper - The Social Determinants of Young People's Health](#)
- d. [Texas Children's Hospital - Social Determinants of Health: Screening in the Clinical Setting](#)
- e. [Protocol for Responding to & Assessing Patients' Assets, Risks & Experiences \(PRAPARE\)](#)

#### 3. Preventable Injury

- a. [CDC - Injury Prevention and Control](#)
- b. [CDC - Injuries Among Children and Teens](#)
- c. [Children's Safety Network - Injury Prevention Topics](#)

#### 4. Nutrition, Physical Activity and Sleep

- a. [CDC - Promoting Healthy Eating and Physical Activity for a Healthy Nation](#)
- b. [AAP Policy Statement - School Start Times for Adolescents Abstract](#)

#### 5. Healthy Relationships/Interpersonal Aggression and Violence

- a. [National Domestic Violence Hotline – \(800\) 799-7233](#)
- b. [Michigan Sexual Assault & Abuse Hotline](#)
  - i. Call (855) 864-2374
  - ii. Text (866) 238-1454
  - iii. Chat [www.mcedsv.org/hotline/hotline-chat](http://www.mcedsv.org/hotline/hotline-chat)
- c. [Michigan Domestic Violence Hotline](#)
  - i. Call (866) 864-2338
  - ii. Text (877) 861-0222
  - iii. Chat [www.mcedsv.org/hotline-domestic-violence/hotline-chat/](http://www.mcedsv.org/hotline-domestic-violence/hotline-chat/)
- d. [CDC - Intimate Partner Violence](#)
- e. [Futures Without Violence - Children, Youth & Teens](#)
- f. [Love Is Respect - Healthy Relationships](#)
- g. [CDC - Veto Violence](#)
- h. [National Sexual Violence Resource Center](#)
- i. [Michigan Coalition to End Domestic & Sexual Violence \(MCEDSV\)](#)
- j. [MDHHS - Domestic and Sexual Violence](#)

#### 6. Sexual Behaviors and Identity

- a. [CDC - Adolescent and Young Adult Sexual Health](#)
- b. [CDC - Teen Pregnancy](#)
- c. [CDC - Teen Sexual Risk Behaviors](#)
- d. [MedlinePlus - Teen Sexual Health](#)

- e. Client-Centered Reproductive Goals and Counseling Flow Chart
- f. CDC - LGBT Health
- g. Fenway Health - Sexual Health History: Talking Sex with Gender Non-Conforming and Trans Patients
- h. Advocates for Youth - 3Rs Lesson: Sexual Orientation, Behavior, and Identity

## 7. Substance Use

- a. CRAFFT-N
- b. SAHM - Substance Use Resources for Adolescents and Young Adults
- c. MDHHS - Prescription Drug Overdose Prevention Initiative
- d. MDHHS - Behavioral Health & Substance Use

## 8. Mental Health

- a. National Suicide and Crisis Lifeline - 988
- b. CDC - Adolescent Mental Health
- c. AACAP - Families and Youth
  - i. Guidelines, Updates, and Parameters
  - ii. Facts for Families Guide
- d. Patient Health Questionnaire: Depression (PHQ-9)
- e. Generalized Anxiety Disorder (GAD-7)
- f. Screen for Child Anxiety Related Disorders (SCARED)

## 9. Adverse Childhood Experiences (ACEs)

- a. CDC - Adverse Childhood Experiences
- b. UTHSC - Hoffman ACEs Horner Symposium
- c. National Child Traumatic Stress Network
- d. Health Care Toolbox - Social Ecological Context for Screening
- e. ISTSS - Child and Adolescent Trauma Screen (CATS)
- f. Health Care Toolbox – D-E-F Protocol
- g. SEEK - Parent Questionnaire-R
- h. MDHHS - Trauma and Toxic Stress
- i. Michigan ACE Initiative

## 10. Human Trafficking/Sex Trafficking

- a. National Human Trafficking Hotline
  - i. Call (888) 373-7888
  - ii. \*Text 233733
  - iii. Chat <https://humantraffickinghotline.org/chat>
- b. Homeland Security Blue Campaign: One Voice. One Mission. End Human Trafficking
  - i. What is Human Trafficking
  - ii. Indicators of Human Trafficking
  - iii. Resources
- c. Polaris Project
  - i. Human Trafficking
  - ii. Sex Trafficking
- d. CWIG - Human Trafficking and Child Welfare: A Guide for Child Welfare Agencies
- e. NCTSN - Sex Trafficking: Screening, Identification, and Assessment
  - i. Trafficking Screening Tools
- f. Michigan Human Trafficking Task Force
- g. Manasseh Project: Ending Sexual Exploitation of Children

## Adolescent and Young Adult Perspectives on Healthcare

Hear directly from teens, parents/caregivers, and providers about improving the health care experience for adolescents. We encourage you to use these videos for training.

- Adolescent Health Initiative